


THE CURA NETWORK CARING FOR STUDENTS IN NEED

*Office of the Dean of Students
Loyola University Chicago*



A large, diverse crowd of students is gathered outdoors, likely at a university event. In the background, a sign reads "WELCOME TO LOYOLA". The students are engaged in various activities, some holding up phones or signs. The scene is bright and lively, with greenery visible in the background.

**THE OFFICE OF THE
DEAN OF STUDENTS
SERVES ALL STUDENTS
THROUGH CARE,
SUPPORT, AND
EMPOWERMENT.**

**IN TIMES OF CHALLENGE AND CRISIS, OUR GOAL IS TO PROVIDE
RESOURCES AND SUPPORT TO HELP STUDENTS NAVIGATE EMOTIONAL,
BEHAVIORAL, ACADEMIC, OR OTHER ISSUES THAT MAY AFFECT THEIR
PERSONAL AND ACADEMIC SUCCESS.**



WHO WE ARE & WHAT WE DO

Our mission is to provide an individualized response when challenges arise and to promote students' success as they navigate college and pursue their academic and personal goals.

CURA Network

Behavioral Concerns Team (BCT)

CARE Case Management

(CARE Funds, Food, Basic Needs & Housing Assistance)

Student Conduct & Conflict Resolution

Equity Case Management/Sexual Misconduct Resourcing

SUPPORTING STUDENTS OF CONCERN

RECOGNIZE

Be aware of indicators of distress. Look for groupings, frequency, duration and severity - not just isolated symptoms

RESPOND

Each situation is unique. Use these tips and pointers to determine the more appropriate response

REPORT

Always submit a report of referral as part of your response to students of concern, regardless of perceived severity

REFER

Encourage help-seeking by providing students with information on the appropriate resources available on campus.

SAFETY RISK INDICATORS

- Making implied or direct threats to harm self or others
- Irrational or bizarre behavior
- Academic assignments dominated by themes of despair or isolation
- Unprovoked anger or hostility

PSYCHOLOGICAL INDICATORS

- Self-disclosure of personal distress that could include family problems, financial difficulties, depression, grief, etc.
- Excessive tearfulness, panicked reactions, irritability or unusual apathy
- Unusual fearfulness, anxiety, nervousness or anger
- Expressions of concern by the student's peers

RECOGNIZE

PHYSICAL INDICATORS

- Sudden changes in physical changes (appearance, personal hygiene)
- Deterioration in physical appearance/weight
- Excessive fatigue/sleep disturbance
- Intoxication, hangovers or smelling of alcohol

ACADEMIC INDICATORS

- Essays or creative work that include disturbing content
- Repeated absences and/or a decline in quality of work
- Continuous classroom disruptions or overly demanding of faculty and staff time and attention

RESPOND



BE PROACTIVE

Engage students early on by paying attention to signs of distress

BE SUPPORTIVE

Express concern and care in a private place and let the student know you are here to help.

BE DIRECT

Give a concrete example regarding the behavior or concern that that has led you to reach out. Don't be afraid to ask students directly if they are feeling confused or having thoughts of harming themselves or others.

LISTEN EMPATHETICALLY AND CAREFULLY

Use a non-confrontational approach and a calm voice. Avoid threatening, judgmental, intimidating or potentially embarrassing responses.

SHARE WHAT YOU KNOW

FERPA allows faculty and staff to report student health and safety concerns to relevant campus offices. Taking appropriate action does not violate a student's privacy rights

FOLLOW UP

Once you have referred a student, it may be helpful for you to follow up. Your first-hand knowledge and personal connection to this student will be valuable in understanding and appropriately responding to the situation

REPORT & REFER

BEHAVIORAL CONCERNS: BCT

Refer students whose behavior presents a possible threat to safety or well-being of oneself or others (e.g., suicide ideation, self-harm, violence or threats against others).

OFFICE OF THE DEAN OF STUDENTS

HARASSMENT & SEXUAL MISCONDUCT CONCERNS

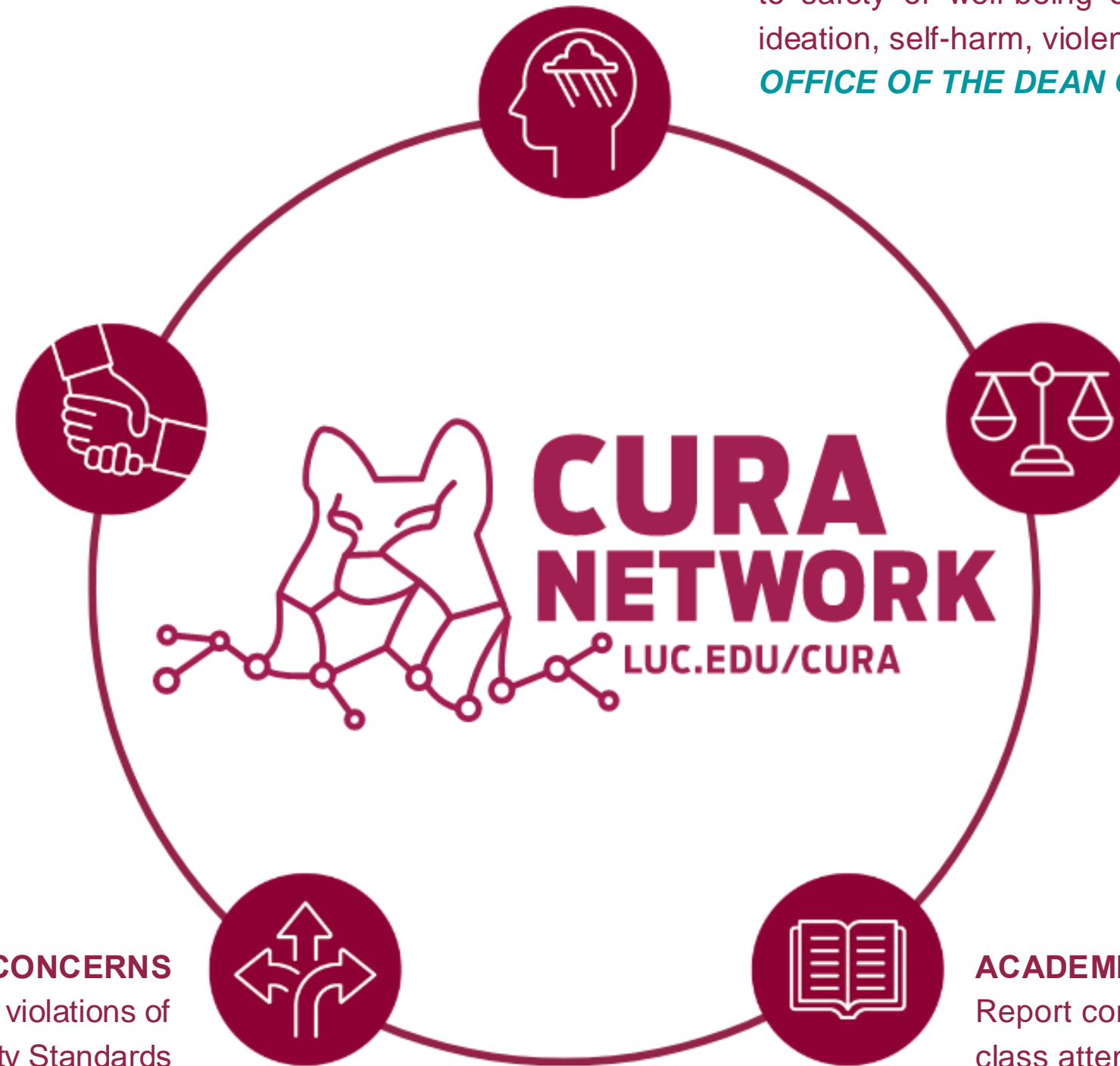
Report alleged or suspected discrimination, sexual misconduct, or equity-based retaliation by or against any student or employee. Examples include reports of sexual assault, stalking, dating/domestic violence, and harassment/misconduct of any kind motivated by an individual's membership in a protected class.

OFFICE FOR EQUITY & COMPLIANCE (OEC)
OFFICE OF THE DEAN OF STUDENTS

ACADEMIC CONCERNS

Report concerns about academic performance, class attendance, or general academic engagement

STUDENT ACADEMIC SERVICES
and COLLEGES/SCHOOLS



PERSONAL CONCERNS: CARE

Refer students who may need general assistance overcoming serious or complex personal difficulties or getting connected to resources. Examples include: students struggling with general mental health concerns or food/ housing insecurity, or managing a unique personal financial emergency.

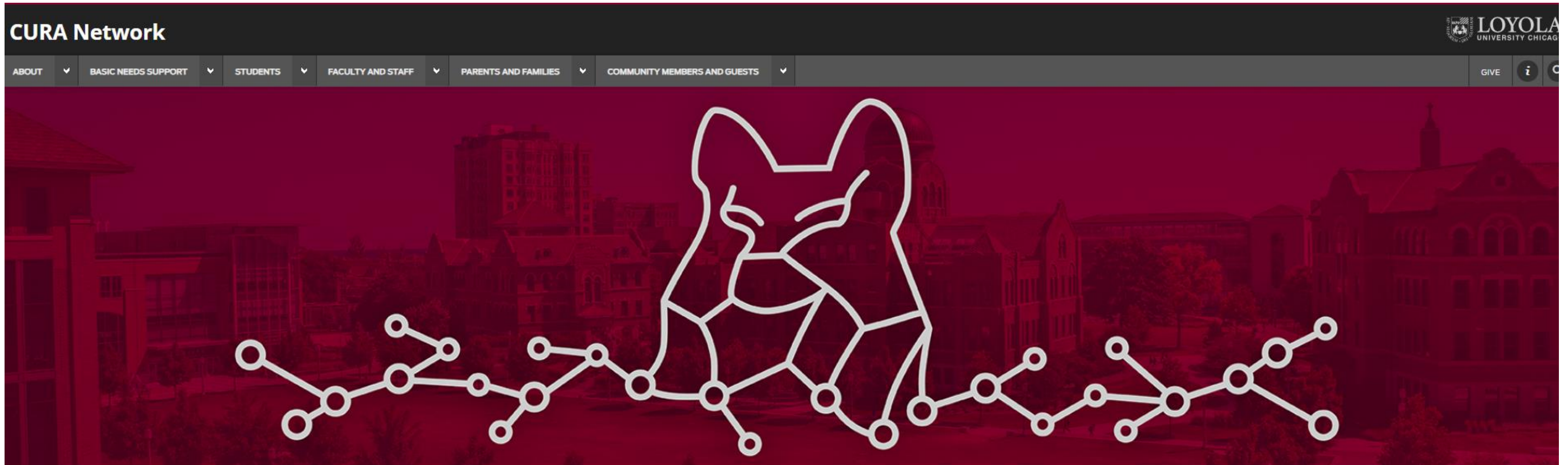
OFFICE OF THE DEAN OF STUDENTS

STUDENT CONDUCT & CONFLICT CONCERNS

Report student conflict(s) and/or alleged violations of Loyola's Community Standards

STUDENT RIGHTS, RESPONSIBILITIES & CONFLICT RESOLUTION (SRCR)

REFERRING STUDENTS OF CONCERN



Providing cura personalis through a university-wide coordinated effort

WELCOME TO THE CURA NETWORK: As a centralized website for reporting student concerns, the CURA Network, led by the Office of the Dean of Students (DOS), provides support, coordination, case management, and resource referrals for student concerns across the university. To report a student concern, select the corresponding section to learn more and to submit a referral.

www.LUC.edu/CURA -- CURA

CARE SERVICES

CARE services are offered to students who seek out assistance for themselves or are referred to DOS for support through a difficult situation or period.

Support provided to students experiencing complex and often layered difficulties or obstacles that are *non-behavioral* in nature.



CARE referrals can be submitted by a student, parent, guardian, faculty, staff, administrator, or other concerned party looking to assist a student.





FOOD PANTRIES

@ LUC

Hunger and food insecurity affect thousands of individuals and families around the country every day. The LUC food pantries are here to support students who need a little extra help, so they can focus on their academic success.

Students are welcome to shop in-person weekly to get 3-4 days worth of food. We provide mainly shelf stable products at no cost to visitors. Additional offerings vary based on donations and time of year.

For more information, please contact the CURA Network via the Office of the Dean of Students.

PANTRY LOCATIONS

Pantries are generally open any time the building is open throughout the year. Holiday and break hours will be posted as needed. Students must be currently enrolled and provide a Loyola ID to access the pantries.

LOYOLA UNIVERSITY CHICAGO

IGGY'S CUPBOARD

Lake Shore Campus

Damen Student Center, 243
Anytime Damen is open

LOYOLA UNIVERSITY CHICAGO

THE MARKET AT ARRUPPE COLLEGE

Water Tower Campus

McGuire Hall, 2nd Floor
1 E. Pearson
Weekdays 8am - 9pm

LOYOLA UNIVERSITY CHICAGO

HSC PANTRY

Health Sciences Campus

Cuneo Hall, 1st Floor Vending Room
Opening Fall 2023!

CONTACT US @

+773.508.8840

For more information:

deanofstudents@luc.edu
www.luc.edu/cura

BEHAVIORAL CONCERNS TEAM

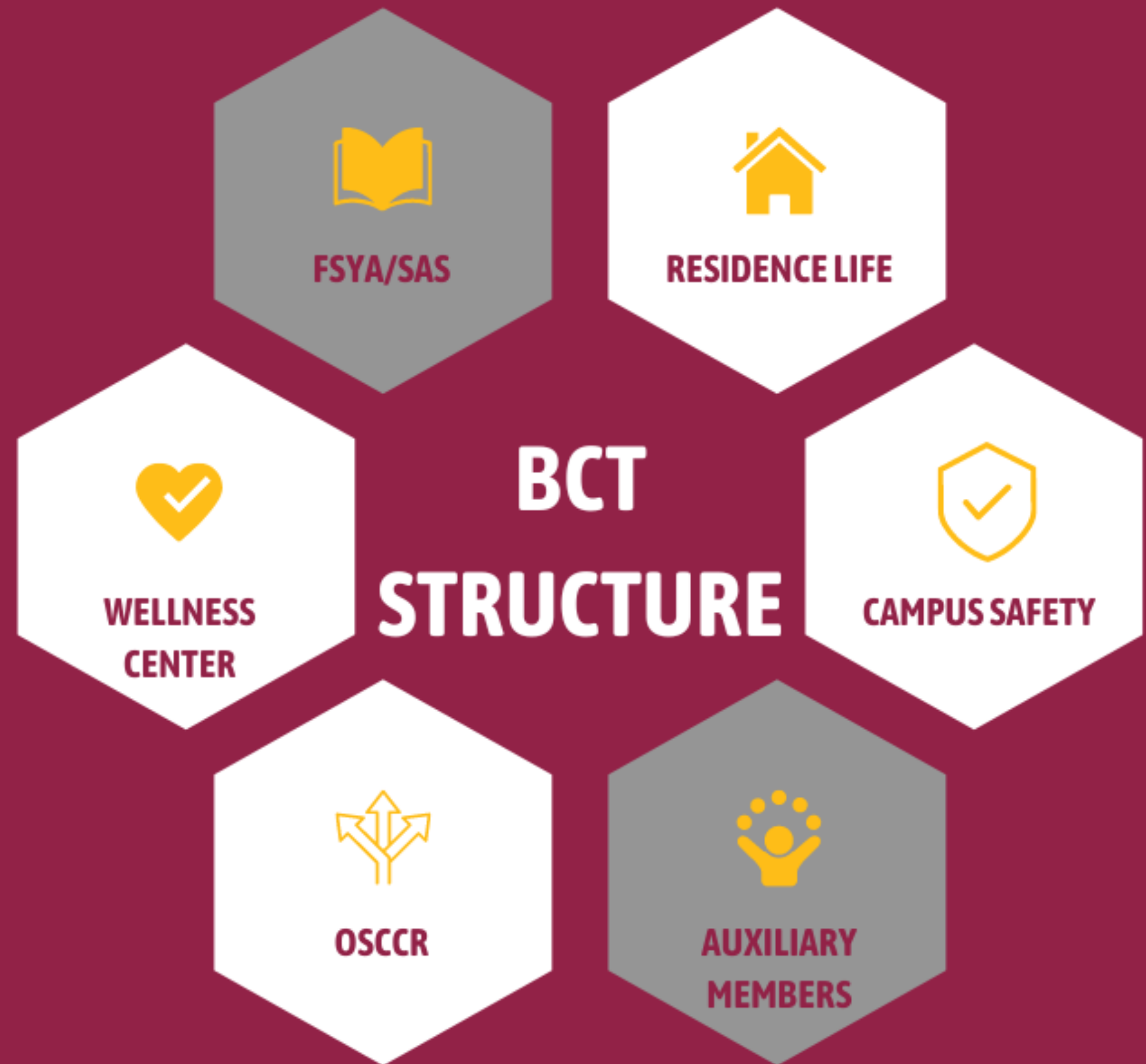
A multi-disciplinary committee that serves as the centralized and coordinated body for discussion and action regarding students exhibiting behaviors that may:



- *present a danger to oneself or others*
- *cause a disturbance in the community, and/or*
- *indicate some form of distress*

BEHAVIORAL CONCERNS ARE DIFFERENT

- Significant academic decline
- Withdrawal/isolation from others
- Thoughts of harming self
- Thoughts of harming others
- Self-injury
- Bizarre behavior
- Disruptive/aggressive behavior
- Excessive substance use/abuse
- Self-reported distress



WHEN MAKING A REFERRAL

Please Do	Please Do NOT
Select one “primary” referral type	Select all referral types that may apply
Include all known identifying information for the student (e.g. first and last name, LID, contact information)	Include extraneous details or other information that confuses the issue
Describe all relevant information about the concern, including a detailed description of observed behavior	Attempt to diagnose (or suspect) the root cause of the behavior (“[Student] is clearly bi-polar...might be autistic...”)
Use language that is specific, concise, and objective	Use language that is vague, inflammatory, or demeaning (“[Student] was an emotional mess”)
Attach available relevant documentation (e.g. screenshot, text messages, emails, assignments)	Include private information that you would never want the student to see/read



COMMON INTERVENTIONS

- Meeting with Case Manager
- Referral for CARE Services or other Campus Resources
- Referral to Student Rights, Responsibilities and Conflict Resolution
- Mandated Assessment or other referral to the Wellness Center
- Campus Re-Entry Process (following hospitalization)
- Statement of Expectations (recommendation for follow-up care)
- Withdrawal (occasionally involuntary)



Emergency Situations

Imminent Threat → **CAMPUS SAFETY**

- ✓ **773.508.SAFE (7233) or 911**
- ✓ **Threat Assessment Team (TAT)**
 - Convened by Dean of Students
 - Led by Campus Safety
 - Comprised of: Director of Campus Safety, Assistant Vice President/Dean of Students, Associate Dean of Students (SRCR), Wellness Center Director of Counseling, Assistant Vice President of Campus Support/Auxiliary Services





ONCE REFERRAL IS SUBMITTED

CARE

- SOC will receive outreach from the CARE Case Manager within 48-72 hours (but likely much sooner)
- SOC can opt in to receiving support and begin working with a CARE Case Manager
 - connect directly to resources
 - build "help-seeking skills"
 - develop an action plan to address concern
- Reporter will likely not receive additional outreach

BCT

- SOC will receive outreach from the BCT Case Manager within 24 hours (but likely much sooner)
- SOC is expected to respond to the BCT Case Manager and comply with any requests
- Reporter may receive a request for additional information

DISCRIMINATION AND SEXUAL MISCONDUCT CONCERNS

The University's response to all allegations of discrimination, sexual misconduct (including Title IX), or equity-based retaliation is coordinated by the Office for Equity & Compliance (OEC). For incidents involving students, the Office of the Dean of Students provides resources, supportive measures, and assistance navigating the University's investigation and/or other response. Most University faculty and staff employees are "responsible campus partners" with an obligation to report in specific instances.



HOW TO GET IN TOUCH



1

Telephone

773.508.8840

2

Email

deanofstudents@luc.edu

3

Main Office

Damen Student Center,
Suite 300